

# VISIONS 2010/ YOGA PAH! WORKSHOP



*interpreters provided*

## IMAGINATION

*"Imagination is the preview of life's coming attractions." Einstein*

*Discover how you CAN love what you have and have what you love.*

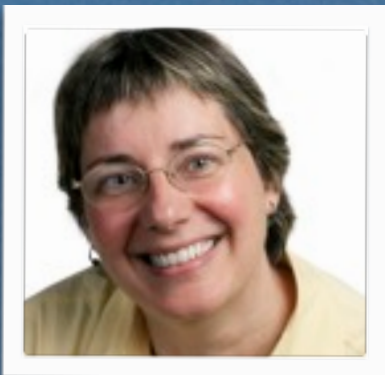
*CREATE your BEST YEAR EVER  
CREATE the LIFE you LOVE*

- \* *Clarify what is most IMPORTANT to you in 2010*
- \* *Learn to use the LAW of ATTRACTION and power of feelings to make 2010 your best year ever*
- \* *learn how to live in the "receiving mode" for all things good*
- \* *learn the recipe for "deliberate creation"*

### WHAT TO BRING:

- \* *light snacks*
- \* *yoga mat (or let us know you need a loaner mat)*
- \* *your ideas and imagination*

This two part workshop will teach you about the Law of Attraction to create the life you love followed by a Hatha Yoga class taught in sign language. Create a VISIONS workshop is lead by co-active life coach Miriam Evers (ASL interpreter provided)



*Miriam Evers*  
*Certified Professional Co-Active Coach*  
[www.joyfirst.com](http://www.joyfirst.com)

Saturday,  
February 27, 2010  
10 am to 2 pm

WindSong CoHousing  
20543 96th Avenue  
Langley, BC

\$ 30 per person  
before Feb. 17, 2010  
\$ 35 after



*Leonarda Minutillo-EHL*  
*Yoga Instructor fluent in ASL*  
[www.yogapah.com](http://www.yogapah.com)

*For more information or to register: email [leonarda@shaw.ca](mailto:leonarda@shaw.ca)*