



## Heart Centre Yoga\*

3982 Hastings Street

Burnaby, BC

(2 1/2 blocks east of Boundary)

3:30 pm to 5:30 pm

pre-register and SAVE!

\$45 per couple

\$25 per person

at the door:

\$50 per couple,

\$30 per person



# PARTNER YOGA WORKSHOP

*connecting hearts, tapping into compassion, twice as much fun*

*with certified yoga instructors: Leonarda Ehl and John Buchanan*

*taught in American Sign Language and Voice*

Come and experience a unique and growing popular yoga practice that uses the healing power of human contact and poses specifically designed for two people.

Amaze yourself and your partner with this joyful practice.

Come with a partner, a sweetheart, mom, dad, a friend or even by yourself!

\* new location is bigger



register now at [leonarda@shaw.ca](mailto:leonarda@shaw.ca)